



# POSITIVE RELATIONSHIPS

## STRONGER FAMILIES

JOIN US TO TALK ALL THING  
POSITIVE RELATIONSHIPS

Relationships are a journey filled with ups and downs, and disagreements are a natural part of it. We understand that managing these disagreements can be challenging and may impact how we parent our children.

Join us for our 4 week course that aims to empower you as parents to understand your conflicts and see how to resolve the issues yourselves with constructive and destructive communication.

2025

**Westgate Family  
Hub**

**5/3/25-26/3/25**

**9.30-11am**

**We hope to see you  
there ☺**



Come and join us for our 4 week Positive Relationship course. Learn valuable skills on positive communication, learning how to argue better, how to resolve argue when they arise. **Contact your local Family Hub to book yourself on to a course.**



**BOOK YOUR PLACE USING QR CODE or TELEPHONE 01524 581280**